# Obesity Simulation Suit User Manual



Obesity Simulation Suit - User Manual





## English - User Manual

#### **Obesity Simulation Suit**

This manual will help you to use the Obesity Simulation Suit in a correct and safe way. Please refer to these instructions before using the product.

This obesity suit is used as a manual handling training aid for obesity. Nursing staff can implement the suit to develop specialist skills needed to safely manage and care for obesity/bariatric patients. Thanks to the suit, caregivers can practice techniques and simulate realistic scenarios. It also makes role-playing during a bariatric training more realistic. And all of this is possible in a safe environment without putting a physical strain on yourself.

The suit can be used for all kinds of training situations: first aid, manual handling, ergonomics, haptonomy, rescue sheets, evacuation mats and other evacuation equipment, etc.

#### **Article number** SUITBARIAT

#### Cleaning and maintenance

Machine washable at 30 degrees (celcius)

#### Weight

Approx. 15 kg.

#### **Material**

Outside: 98% polyester / 2% elastane

Filling: 100% polyester





Scan the QR code to watch the tutorial video

#### What is included in the package?

There are three main parts to the Obesity Simulation Suit and an additional 2 attachments that can be added/removed to alter the shape of the suit. You will also receive a sweater and pants that you can put on over the suit.







**Trousers** 

Torso - front with all parts attached

Torso - front with all parts <u>detached</u>







Torso - back with all parts attached

Torso - back with all parts detached

Arms - without optional attachments





Arms - <u>with</u> optional attachment attached to alter to a 'pear' shape (front)

Clothing - pants and sweater

#### The following step by step instructions are guidelines for waring the obesity simulation suit



**Step 1**Begin with removing any footwear and step into the trousers. Attach the elastic braces.

Step 2
Adjust length of trousers if necessary by turning up the bottom part of the legs.

Step 3
Once the trousers have been fitted apply the arms section, with or without the optional attachments.

If the optional attachments on the arms section have been added tuck them into the trouser legs.



Step 4

Apply the body section over the top of the arms section to complete the suit. It should look like the images above. Put the clothes on over the suit.

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